



NLP LEADERSHIP/MANAGEMENT SKILLS

This course is currently being delivered, on site, in the following companies:

Firth Rixson UK - four sites

Firth Rixson USA - four sites

Vaillant Group - all UK sites

NLP Leadership/Management Skills (Five Days)

- *This course is uniquely delivered over FIVE DAYS - AT ONE MONTH INTERVALS to allow delegates time to practise what they learn, in their workplace!*

Dates: TBA

Time: 9.00am - 4.30pm

Location: IBIS Hotel, Moorhead Way, Bramley, Rotherham. S66 1YY,
off Junction 1, M18

Investment: £1497.00 + vat per delegate!

Book NOW on: **01709 817150**

scott@scottwhitetraining.co.uk

www.scottwhitetraining.co.uk

Welcome!

I would like to remind you that you know far more about your job than I do and you are already very effective at what you do.

Our role is to offer you additional, different approaches which may help you to become even more effective in your Leadership and Management skills and produce even better results, if you are willing to practise them.

I would like to make our time together as useful to you as possible and would appreciate your help in thinking about the best use that you can make of this training.

As you are looking at this information and probably considering this course, it may be useful to think about the following questions,

What is your current situation and where are you now?

and more importantly

What would you want your situation to become in the future and where would you want to be?

Remember

*"If you always do what you have always done,
you will always get what you have always got"*

So, what kind of skills would you need or want to help you achieve your desired outcomes in the future?

Please now read through our "[Leadership/Management Skills Menu](#)" and see what skills grab you!

When you identify the skills you want to achieve your future goals, imagine what you would be like when you improved them all by a minimum of only 1% in each skill area!

LEADERS, COMMUNICATE, INSPIRE and MOTIVATE PEOPLE to ACTION, ACHIEVING RESULTS!

I think you would agree that our communication skills would play a major part in our Leadership/Management skills, the ability to connect with everyone we interact with.

To help you appreciate this, please complete our communication survey to check how you communicate currently.

If you have a high and a low score, it would indicate that your communications could be improved and therefore also your people skills would improve.

We look forward to hearing from you soon and seeing you getting involved in our course.

Best regards

Scott White

“Leadership/Management Skills Menu”

How many of the following skill areas would improve your Leadership/Management Skills?

- | | | |
|-----------------------------|---|--------------------------|
| <i>Leadership</i> | - Be in command of my own life and career | <input type="checkbox"/> |
| | - Learn charismatic leadership skills | <input type="checkbox"/> |
| | - Learn secrets of faster promotion | <input type="checkbox"/> |
| | - Be respected by others as a leader | <input type="checkbox"/> |
| | - Become a more skilful communicator | <input type="checkbox"/> |
| | - Identify your Leadership style and areas to work on to improve | <input type="checkbox"/> |
| <i>Communication</i> | - Learn to listen more effectively, with my eyes and ears | <input type="checkbox"/> |
| | - Learn the three NLP languages, visual, auditory and kinesthetic | <input type="checkbox"/> |
| | - Be able to use Visual language effectively | <input type="checkbox"/> |
| | - Be able to use Auditory language effectively | <input type="checkbox"/> |
| | - Be able to use Kinesthetic language effectively | <input type="checkbox"/> |
| <i>People Skills</i> | - Be able to interpret body language more effectively | <input type="checkbox"/> |
| | - Be able to interpret eye movements more effectively | <input type="checkbox"/> |
| | - Be able to interpret tone of voice more effectively | <input type="checkbox"/> |
| | - Be able to interpret words more effectively | <input type="checkbox"/> |
| | - Be able to connect with even more people, faster | <input type="checkbox"/> |
| <i>Influencing</i> | - Be able to build quick and effective rapport with everyone | <input type="checkbox"/> |
| | - Be able to build trust, quickly and effectively with everyone | <input type="checkbox"/> |
| | - Learn the techniques of mirroring | <input type="checkbox"/> |
| | - Learn to mirror body language more effectively | <input type="checkbox"/> |
| | - Learn to mirror voice tone more effectively | <input type="checkbox"/> |
| | - Learn to mirror words more effectively | <input type="checkbox"/> |
| <i>Presentations</i> | - Learn the secrets of successful presenters | <input type="checkbox"/> |
| | - Learn how to overcome nerves and stage fright | <input type="checkbox"/> |
| | - Learn how to prepare an effective presentation | <input type="checkbox"/> |
| | - Learn how to become even more confident and dynamic | <input type="checkbox"/> |
| | - Learn how to connect with everyone in any audience | <input type="checkbox"/> |
| <i>Goal Setting</i> | - Learn how to set realistic and achievable goals | <input type="checkbox"/> |
| | - Learn how to identify if your goals are achievable | <input type="checkbox"/> |
| | - Learn successful techniques that work every time | <input type="checkbox"/> |
| | - Learn how to sell your vision and goals to other people | <input type="checkbox"/> |
| | - Learn how to reduce your limitations and enhance success | <input type="checkbox"/> |
| <i>Motivation</i> | - Learn who is motivated towards reward and recognition | <input type="checkbox"/> |
| | - Learn who is motivated away from pain and what they don't want | <input type="checkbox"/> |
| | - Learn who is motivated by what they think themselves | <input type="checkbox"/> |
| | - Learn who is motivated by what they think other people think | <input type="checkbox"/> |
| | - Learn who is motivated having options or by having procedures | <input type="checkbox"/> |

How would it look, sound and feel when you improved these characteristics by a minimum of 1%?

- | | | |
|------------------------|---|--------------------------|
| Attitude | - Learn how to be a much more positive person more often | <input type="checkbox"/> |
| | - Learn how we become a negative or positive person | <input type="checkbox"/> |
| | - Learn how to influence negative people to become even more positive | <input type="checkbox"/> |
| | - Learn how to turn negative situations into positive situations | <input type="checkbox"/> |
| | - Learn how to transform our everyday language to be more positive | <input type="checkbox"/> |
| Beliefs | - Learn what limiting beliefs you may have that are holding you back | <input type="checkbox"/> |
| | - Learn how to change limiting beliefs to empowering beliefs | <input type="checkbox"/> |
| | - Learn new, empowering beliefs that will propel us forward | <input type="checkbox"/> |
| | - Learn the beliefs of successful people and copy them | <input type="checkbox"/> |
| | - Learn how to influence other people's negative beliefs, to positive | <input type="checkbox"/> |
| Confidence | - Learn how to increase your self - esteem | <input type="checkbox"/> |
| | - Learn how to increase your self - confidence | <input type="checkbox"/> |
| | - Learn how to transfer your confidence to other people | <input type="checkbox"/> |
| | - Learn how to sell yourself and your ideas at any level | <input type="checkbox"/> |
| | - Learn how to be even more enthusiastic, action- oriented | <input type="checkbox"/> |
| | - Learn how to have a "can do" attitude and belief | <input type="checkbox"/> |
| Stress | - Learn what kind of things stress you and how and deal with them | <input type="checkbox"/> |
| | - Learn what kind of people stress you and how and deal with them | <input type="checkbox"/> |
| | - Learn how to distance yourself from stressful situations | <input type="checkbox"/> |
| | - Learn how to put things in a better perspective for yourself | <input type="checkbox"/> |
| | - Learn how to avoid, or lessen stress in your life | <input type="checkbox"/> |
| Self Motivation | - Learn how to focus on motivational pictures and images | <input type="checkbox"/> |
| | - Learn how to focus on motivational sounds | <input type="checkbox"/> |
| | - Learn how to focus on motivational language and voice tone | <input type="checkbox"/> |
| | - Learn how to focus on motivational questions and answers | <input type="checkbox"/> |
| | - Learn how to be more excited, enthusiastic, passionate, daily | <input type="checkbox"/> |
| | - Learn how to delete, negative de-motivational, pictures and sounds | <input type="checkbox"/> |
| | - Learn how to delete, negative de-motivational, language and questions | <input type="checkbox"/> |
| Delegation | - Learn how to delegate to different communication styles of people | <input type="checkbox"/> |
| | - Learn how delegate to different motivational styles of people | <input type="checkbox"/> |
| | - Be able to use Visual language effectively, when delegating | <input type="checkbox"/> |
| | - Be able to use Auditory language effectively, when delegating | <input type="checkbox"/> |
| | - Be able to use Kinesthetic language effectively, when delegating | <input type="checkbox"/> |
| Team Building | - Learn how to understand different people in your team | <input type="checkbox"/> |
| | - Learn how to communicate more effectively with your team | <input type="checkbox"/> |
| | - Learn how to harness the strengths of your team | <input type="checkbox"/> |
| | - Learn how to focus the team on common goals and priorities | <input type="checkbox"/> |
| | - Learn how to focus the team on achieving a successful business | <input type="checkbox"/> |

How would it look, sound and feel when you improved these characteristics by a minimum of 1%?

Check out how you communicate currently and how it plays a major part in your Leadership/Management Skills.

When we can use all three languages, really effectively, we can connect, build rapport, very quickly with anyone!

Also, it may be helpful to ask other people to complete the survey and find out where you could be having challenges with each other, especially talking about the same thing, in different languages and not connecting.

Communications Survey

Please complete the survey as quickly as possible.

Please select one statement from each group, which you agree with the most, A, B, or C, even if you agree with all three statements or you disagree with all three statements, please pick one.

When you have completed, please count your A's, B's and C's and ensure they total twenty-one.

- | | | |
|----|---|---|
| 1 | I enjoy window-shopping | A |
| | I love to listen to music | B |
| | I feel compelled to dance to good music | C |
| 2 | I was good at spelling at school | A |
| | I would rather take an oral test than a written one | B |
| | I tend to answer test questions using my "gut" feelings | C |
| 3 | My confidence increases when I look good | A |
| | I've been told I have a great speaking voice | B |
| | I don't mind being touched | C |
| 4 | I would rather be shown an illustration than an explanation | A |
| | I can resolve problems more quickly when I talk out loud | B |
| | I find myself holding, touching things as they are explained | C |
| 5 | I evaluate others based on their appearance | A |
| | I usually determine sincerity by the sound of a persons voice | B |
| | A person's handshake means a lot to me | C |
| 6 | I like to watch television and go to the cinema | A |
| | I would rather listen to an mp3 than read books | B |
| | I like hiking and other outdoor activities | C |
| 7 | It's important my car is clean inside and outside | A |
| | I can hear the slightest noises that my car makes | B |
| | I like a car that feels good when I drive it | C |
| 8 | I enjoy "people watching" | A |
| | Others tell me that I'm easy to talk to | B |
| | I tend to touch people when talking | C |
| 9 | I prefer to watch TV, a DVD, or go to the cinema | A |
| | I prefer to listen to music, the radio or read books | B |
| | I prefer to do something athletic, physical, or use my hands | C |
| 10 | I notice people how they look or dress | A |
| | I notice people how they sound when they speak | B |
| | I notice people how they move | C |

- | | | |
|----|---|---|
| 11 | I often remember what someone looks like, but not their name | A |
| | I am aware of what voices sound like on the phone as well as face to face | B |
| | I can't remember what people looked like | C |
| 12 | I enjoy photography | A |
| | I often find myself humming or singing to the radio | B |
| | I like to make things with my hands | C |
| 13 | I enjoy speakers more if they use visual aids | A |
| | I would rather have an idea explained to me than read it | B |
| | I like to participate in activities rather than watch | C |
| 14 | I evaluate others based on their appearance | A |
| | I am a good listener | B |
| | I feel positive/negative towards others without knowing why | C |
| 15 | I am good at finding my way using a map | A |
| | I ask for directions | B |
| | I trust my feelings about which way to go | C |
| 16 | It's important that my house is clean and tidy | A |
| | I like a house with rooms that allow for quiet areas | B |
| | I like a house that feels comfortable | C |
| 17 | I make a list of things I need to do each day | A |
| | I like to try to imitate the way people talk | B |
| | I've been told that I'm well co-ordinated | C |
| 18 | I imagine myself doing things when I have many things to do | A |
| | I keep reminding myself when I have many things to do | B |
| | I feel uncomfortable until all or most things are done | C |
| 19 | I solve problems, look at alternatives, until the pieces come together | A |
| | I talk about different approaches until something clicks | B |
| | I fit possibilities together until I get a feeling of balance | C |
| 20 | I learn most easily when I see someone demonstrate what to do | A |
| | I learn most easily when I get verbal instructions | B |
| | I learn most easily when I get "hands on" experience | C |
| 21 | I like places where there are things to see and people to watch | A |
| | I like places where there is music, conversation or quiet | B |
| | I like places where there is room to move | C |

Number of A responses	_____	Visual language
Number of B responses	_____	Auditory language
Number of C responses	_____	Kinesthetic language

So, how did you do?

Did you discover you have one language out of the three that you scored higher in?

This is where most of our challenges are in getting on with other people, if they don't prefer the same language as us, we can be talking about the same thing, but not actually connecting or understanding each other.

The great news is that once we know this, we can work at learning the other two languages and really communicate with everyone, yes, everyone!

NLP is the result of Richard Bandler and John Grinder studying the working methods of successful people.

They wanted to understand how they did what they did, that made them more successful than other people.

In their studies of these successful people, they identified, several very powerful traits.

One powerful trait was the Unique Ability to establish and build Rapport very, very, quickly with other people and Understand them.

They found that people have three basic methods of perceiving the world around them,

Visuals	who	See	the world	(their mental map)
Auditories	who	Hear	the world	(their mental map)
Kinesthetics	who	Feel	the world	(their mental map)

People like to deal with people most like themselves!

VISUALS	prefer talking and dealing with	VISUALS
AUDITORIES	prefer talking and dealing with	AUDITORIES
KINESTHETICS	prefer talking and dealing with	KINESTHETICS

PLUS

Lots, Lots More.....

Reserve your delegate places NOW!

Tel: 01709 817150

mail: scott@scottwhitetraining.co.uk

www. scottwhitetraining.co.uk